

# Workshop LIFE VOICING WITH TRIO A DUE

GIVE YOUR VOICE LIFE  
GIVE YOUR LIFE VOICE  
SINGING – HEALTH FOR BODY AND SOUL

**SUNDAY, APRIL 28  
3PM-6PM**



“Singing unites different people and personalities, peoples and cultures“ Trio A Due

SINGING – HEALTH FOR BODY AND SOUL

## Singers

Dr Almut Seebeck and Felicitas Weyer have developed LIFE VOICING, a concept which responds to this longing for a more integrated self:

- Supporting healing and facilitating resonance experiences
- Enabling holistic body and self-awareness
- Training of the individual voice, its adaptability and richness of nuances - Introduction to the ‘bel canto’ singing technique
- Developing possibilities for vibrant communication and expression in gesture, movement and dance

COME ALONG  
to this  
workshop !

Almut and Felicitas enthrall and unite young and old by a variety of vocal literature from various cultures, styles of music and epochs – Lieder and Arias, Romanticism, Traditionals, Pop, Musical and Jazz.

Followed by  
Soup n Rolls

## ENQUIRES AND BOOKINGS

Email: [lilitm@sthelierscentre.org.nz](mailto:lilitm@sthelierscentre.org.nz)

Or call/text 02040657665

Address: 100 St Heliers Bay Rd, St Heliers

Cost: Adult \$50, student \$10,

Children free